

Cote du Ciel's Favorite Dances

Dances from Rebecca's CD

Note: Most of these instructions are from the Known World Dance Symposium Handbook, and do not necessarily match up exactly with the music on Rebecca's CD.

1. Tangle Bransle

Single line, everybody holding hands, leader is person on left
step left, together, left together, left together, right together, repeat indefinitely
wind line through itself, goal for leader is to knot it up, goal for dancers is to keep hold

2. Selenger's Round (English Country, Round)

in a circle, ladies on the right

Verse 1: Slide left 8 counts; slide right 8 counts

Chorus: Men back up a double* while women go forward and clap
Return to place
(facing partner) Set & turn** single
Women back up a double while men go forward and clap
Return to place
(facing partner) Set & turn single

Verse 2: Double in and out (2x)

Repeat Chorus

Verse 3: Side right with your partner; Side left with your partner

Repeat Chorus

Verse 4: Arm right with your partner; Arm left with your partner

*Double is four steps

** Set & turn is step left, ball change, step right, ball change, turn in place
said "Step to the left, step to the right, and turn yourself around" to tune

3. Horses Bransle

two lines, ladies on one side, men on the other

Double* left; Double right (4x)

Men (right foot) paw, paw, step right, turn in place

Ladies (right foot) paw, paw, step right, turn in place

Progress the ladies to the next man, man at top of hall runs to bottom while ladies paw

*Double is step, together, step together

4. Maltese Bransle

Start in a circle, any order

Double left; Double right (2x)

4 twisting steps in to center, hands up, shaking bells/ribbons on wrist; Clap 3 times

4 twisting steps out to circle, hands up, shaking bells/ribbons on wrist; Clap 3 times

5. Official Bransle (Fling-A-Wench)

In a circle, lady/child on right

A part: Double left; Double right (2x)

B part: 8 singles left, on 7 and 8, lady leaps to other side of man, man assists

6. Jenny Pluck Pears (English Country, small circle)

3 couples in a circle

Verse 1: Slide left (8 counts); Set & turn single; Slide right (8 counts); Set & turn single

Chorus 1: First man turns lady into center; Second man does same;

Third man does same; All reverence

Men skip around left (16 counts), then right (16 counts)

First man turns lady back to place center; Second man does same;

Third man does same; All reverence

Verse 2: Side right; Set & turn single; Side left; Set & turn single

Chorus 2: Same as chorus 1, except Ladies turn men in and skip around

Verse 3: Arm right; Set & turn single; Arm left; Set & turn single

Chorus 3: Same as chorus 1

7. Rufty Tufty (English Country, Lines)

in two lines, improper, stay w/ same corners throughout

need even # of couples

Verse 1: Forward and back a double (2x)

Chorus: (facing partner) Set & turn single (2x)

Lead partner out a Double and back; Turn single

Lead corner out a Double and back; Turn single

Verse 2: Side right with your partner; Side left with your corner

Repeat Chorus

Verse 3: Arm right with your partner; Arm left with your corner

Repeat Chorus

8. Hole in the Wall (Lines)

in two lines, ladies on one side, men on the other

identify couple **A** & couple **B**

(**A**) Reverance; Cast off, around and through inactive couple, and back to place; Reverance

(**B**) Reverance; Cast off, around and through active couple, and back to place; Reverance

(**A** man, **B** lady) Reverance, switch place almost touching palms; Reverance

(**B** man, **A** lady) Reverance, switch place almost touching palms; Reverance

All take hands and circle halfway around

(**A**) break off and move down the set while (**B**) pass up the set between them

Scotland the Brave

A couple starts out the dance in the same position as Karabushka, standing side by side, facing the same direction, holding right hands and left hands. The opening step is done in the shape of a C on the floor. Start with the left foot out in front of you and slightly to the left, toe pointed. Bring it back behind the right. Step to the right with the right foot. put the left foot in front of the right then bring the right foot way out in front and point the toe, making the other point of the C (don't put any weight on the right foot, just let it hang there a moment) Then bring it back behind the left foot, step to the left with the left foot, step the right foot in front of the left, then bring the left foot out in front with toe pointed.

That is very complicated to explain, if you have danced it before, hopefully that should be a reminder to bring it back.

The next part is much simpler. Your left is hanging out in front of you with toe pointed... bring it back and step on it just behind the right foot and then bring the right foot next to it. Both feet should be firmly planted to start the next musical part. (the music is all by feel, I have no idea about counting or measures on this, so you will just have to listen and fit it in. The first part has pauses at each toe-point to let the music catch up)

the couple will now walk forward eight steps, turning around in place on the eighth step and then walking eight steps back. Again, turn on the eighth step. Now they will go forward four steps, turning in place on the 4th step and continuing 4 steps walking backwards (in the same direction they were just going) Repeat back the other way. Now the man will walk forwards, as he did the first time, but releasing the hand crossing in front of the couple allowing the woman to spin under his arm until that musical portion is done. Scotland the brave should then repeat with the famous musical lyric it opened with and you do the C shape step again.

Karabushka

Couple starts w/ lady on the right, man's right arm over her shoulders, holding right hands, and holding left hands in front. Everyone travels in a circle CCW, facing direction of travel

Left together, left together

Right together, right together,

Left together,

Right together, lady spins under joined hands once, to face partner

Throw hands down.

Men spin in & Ladies spin out 3 counts, clap.

Spin back to partner, take hands, left over right

Step together, step back, lady spins under joined hands once, man turns so lady is to inside of circle

Ladies spin in & men spin out 3 counts, clap

Spin back to partner, take hands, left over right

Step together, step back, lady spins under joined hands once, back to starting position

repeat, increasing speed with music.

On last time, instead of spinning back to starting position on last line, man kneels (right knee up) while lady is spinning, then she sits on his knee "Oy!"

Very important to take hands left over right, or the spinning won't work.